

7 JESIENNE GRAND PRIX - 3 najlepsze wyniki KOBIECY

| L.p. | NR STAR | NAZWISKO | IMIĘ | KAT. WIEKOWA | WYNIK 1 | WYNIK 2 | WYNIK 3 | WYNIK |
|------|---------|------------------|------------|--------------|----------|----------|----------|----------|
| 1 | 10 | Imielowska | Anna | K30 | 00:31:33 | 00:00:00 | 00:00:00 | 00:31:33 |
| 2 | 28 | Lech-Motyka | Ewelina | K20 | 00:35:59 | 00:00:00 | 00:00:00 | 00:35:59 |
| 3 | 168 | Bartnicka | Monika | K30 | 00:38:09 | 00:00:00 | 00:00:00 | 00:38:09 |
| 1 | 6 | Wiercioch | Bożena | K40 | 00:28:17 | 00:28:05 | 00:00:00 | 00:56:22 |
| 2 | 20 | Kaska-Łobodowska | Ewelina | K30 | 00:28:51 | 00:28:26 | 00:00:00 | 00:57:17 |
| 3 | 15 | Truszczyńska | katarzyna | K30 | 00:28:05 | 00:29:13 | 00:00:00 | 00:57:18 |
| 4 | 4 | Rodzik | Marysia | K30 | 00:29:34 | 00:30:12 | 00:00:00 | 00:59:46 |
| 5 | 22 | Wróbel | Małgorzata | K20 | 00:30:55 | 00:30:14 | 00:00:00 | 01:01:09 |
| 6 | 163 | Marczak | Agnieszka | K40 | 00:31:00 | 00:30:48 | 00:00:00 | 01:01:48 |
| 7 | 3 | Jarek | Katarzyna | K40 | 00:32:43 | 00:31:03 | 00:00:00 | 01:03:46 |
| 8 | 9 | Kopeć | Lidia | K30 | 00:31:29 | 00:32:48 | 00:00:00 | 01:04:17 |
| 9 | 2 | Kościeszka | Emilia | K30 | 00:36:30 | 00:37:05 | 00:00:00 | 01:13:35 |
| 10 | 11 | Legat | Doroła | K20 | 00:38:58 | 00:37:26 | 00:00:00 | 01:16:24 |
| 1 | 18 | Wróbel | Wiktoria | K16 | 00:26:05 | 00:26:18 | 00:25:34 | 01:17:57 |
| 2 | 7 | Pechcin | Olga | K20 | 00:27:03 | 00:26:44 | 00:27:23 | 01:21:10 |
| 3 | 16 | Zawadzka | Julia | K16 | 00:27:11 | 00:27:07 | 00:27:33 | 01:21:51 |
| 4 | 5 | Jarek | Anna | K40 | 00:29:18 | 00:28:18 | 00:28:23 | 01:25:59 |
| 5 | 8 | Grzechnik | Renata | K40 | 00:30:18 | 00:29:29 | 00:29:44 | 01:29:31 |
| 6 | 19 | Ochnik | Monika | K30 | 00:30:28 | 00:29:55 | 00:30:13 | 01:30:36 |
| 7 | 25 | Bogucka | Anna | K40 | 00:30:40 | 00:30:14 | 00:30:17 | 01:31:11 |
| 8 | 30 | Filochowska | Marta | K20 | 00:31:16 | 00:30:11 | 00:30:40 | 01:32:07 |
| 9 | 14 | Kot | Ania | K30 | 00:30:46 | 00:30:55 | 00:31:02 | 01:32:43 |
| 10 | 26 | Kulma | Ewelina | K30 | 00:31:32 | 00:30:59 | 00:30:37 | 01:33:08 |
| 11 | 31 | Wróblewska | Sylwia | K30 | 00:32:02 | 00:31:17 | 00:31:15 | 01:34:34 |
| 12 | 21 | Płotecka | Edyta | K40 | 00:31:49 | 00:32:06 | 00:32:24 | 01:36:19 |
| 13 | 23 | Derda | Agata | K20 | 00:31:28 | 00:32:53 | 00:35:06 | 01:39:27 |
| 14 | 24 | Adamiec | Monika | K30 | 00:33:46 | 00:32:51 | 00:33:20 | 01:39:57 |
| 15 | 12 | Kujda | Renata | K30 | 00:35:24 | 00:34:39 | 00:35:13 | 01:45:16 |

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|----|----|-------------|------------|-----|----------|----------|----------|----------|
| 16 | 1 | Dzięcielska | Urszula | K40 | 00:36:19 | 00:35:53 | 00:35:36 | 01:47:48 |
| 17 | 17 | Wróbel | Aneta | K40 | 00:38:33 | 00:36:18 | 00:40:07 | 01:54:58 |
| 18 | 29 | Piętka | Katarzyna | K30 | 00:41:35 | 00:38:55 | 00:39:18 | 01:59:48 |
| 19 | 27 | Kozikowska | Aleksandra | K30 | 00:46:29 | 00:38:16 | 00:38:31 | 02:03:16 |
| 20 | 15 | Ponichtera | Marta | K30 | 00:46:30 | 00:42:34 | 00:42:03 | 02:11:07 |

1 bieg

2 biegi

3 biegi

7 JESIENNE GRAND PRIX - 3 najlepsze wyniki MĘŻCZYŹNI

| L.p. | NR START | NAZWISKO | IMIĘ | KAT. WIEKOWA | WYNIK 1 | WYNIK 2 | WYNIK 3 | WYNIK |
|------|----------|--------------|-----------|--------------|----------|----------|----------|----------|
| | 48 | Krzewski | Piotr | M30 | 00:00:00 | 00:00:00 | 00:00:00 | 00:00:00 |
| | 74 | Dzierżyński | Łukasz | M30 | 00:00:00 | 00:00:00 | 00:00:00 | 00:00:00 |
| | 78 | Kunka | Janusz | M20 | 00:00:00 | 00:00:00 | 00:00:00 | 00:00:00 |
| 1 | 169 | Badurek | Maciej | M30 | 00:34:00 | 00:00:00 | 00:00:00 | 00:34:00 |
| 2 | 98 | Tymiński | Paweł | M30 | 00:34:36 | 00:00:00 | 00:00:00 | 00:34:36 |
| 3 | 34 | Bujko | Tomasz | M30 | 00:43:57 | 00:00:00 | 00:00:00 | 00:43:57 |
| 4 | 170 | Wocial | Marek | M40 | 00:46:34 | 00:00:00 | 00:00:00 | 00:46:34 |
| 5 | 88 | Jurkowski | Ryszard | M30 | 00:57:00 | 00:00:00 | 00:00:00 | 00:57:00 |
| 1 | 55 | Kwarta | Maciej | M30 | 00:35:22 | 00:35:13 | 00:00:00 | 01:10:35 |
| 2 | 161 | Czyżkowski | Paweł | M30 | 00:36:40 | 00:35:24 | 00:00:00 | 01:12:04 |
| 3 | 82 | Zembik | Łukasz | M30 | 00:38:16 | 00:37:47 | 00:00:00 | 01:16:03 |
| 4 | 66 | Świetoń | Grzegorz | M40 | 00:39:34 | 00:38:45 | 00:00:00 | 01:18:19 |
| 5 | 70 | Truszczyński | Radosław | M30 | 00:40:27 | 00:39:55 | 00:00:00 | 01:20:22 |
| 6 | 71 | Łobodowski | Marcin | M30 | 00:42:55 | 00:40:54 | 00:00:00 | 01:23:49 |
| 7 | 36 | Kłosiński | Rafał | M40 | 00:43:46 | 00:41:45 | 00:00:00 | 01:25:31 |
| 8 | 35 | Kościeszka | Dominik | M16 | 00:48:07 | 00:40:17 | 00:00:00 | 01:28:24 |
| 9 | 162 | Skrzypczak | Norbert | M16 | 00:45:07 | 00:45:18 | 00:00:00 | 01:30:25 |
| 10 | 86 | Milewski | Andrzej | M30 | 00:46:46 | 00:44:13 | 00:00:00 | 01:30:59 |
| 11 | 75 | Kosieradzki | Hubert | M16 | 00:44:47 | 00:46:51 | 00:00:00 | 01:31:38 |
| 12 | 64 | Rokita | Paweł | M30 | 00:46:28 | 00:45:42 | 00:00:00 | 01:32:10 |
| 13 | 61 | Danielak | Łukasz | M30 | 00:47:52 | 00:46:07 | 00:00:00 | 01:33:59 |
| 14 | 54 | Dziugiel | Tomasz | M40 | 00:47:20 | 00:47:36 | 00:00:00 | 01:34:56 |
| 15 | 83 | Michalak | Krzysztof | M50 | 00:47:19 | 00:47:51 | 00:00:00 | 01:35:10 |
| 16 | 32 | Kamiński | Wiesław | M50 | 00:48:19 | 00:47:10 | 00:00:00 | 01:35:29 |
| 17 | 63 | Bugajski | Adam | M40 | 00:49:42 | 00:45:59 | 00:00:00 | 01:35:41 |
| 18 | 167 | Staniak | Maciej | M30 | 00:48:43 | 00:46:58 | 00:00:00 | 01:35:41 |
| 19 | 164 | Marczak | Dariusz | M40 | 00:49:46 | 00:48:37 | 00:00:00 | 01:38:23 |
| 20 | 95 | Radomiński | Tomasz | M40 | 00:50:31 | 00:48:22 | 00:00:00 | 01:38:53 |

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|----|-----|---------------|-----------|-----|----------|----------|----------|----------|
| 21 | 39 | Kościeszka | Maciej | M30 | 00:51:02 | 00:48:43 | 00:00:00 | 01:39:45 |
| 22 | 65 | Wadas | Szymon | M40 | 00:50:12 | 00:49:39 | 00:00:00 | 01:39:51 |
| 23 | 59 | Skuratowicz | Grzegorz | M30 | 00:53:57 | 00:52:02 | 00:00:00 | 01:45:59 |
| 24 | 84 | Celej | Jarosław | M40 | 00:54:15 | 00:54:14 | 00:00:00 | 01:48:29 |
| 1 | 89 | Lamparski | Zbigniew | M30 | 00:37:32 | 00:35:59 | 00:36:22 | 01:49:53 |
| 25 | 41 | Wycisłowski | Krzysztof | M60 | 00:53:52 | 00:56:06 | 00:00:00 | 01:49:58 |
| 26 | 69 | Wysocki | Krzysztof | M40 | 00:55:55 | 00:55:04 | 00:00:00 | 01:50:59 |
| 2 | 94 | Białożyński | Marcin | M40 | 00:37:41 | 00:36:52 | 00:37:19 | 01:51:52 |
| 27 | 87 | Roman | Paweł | M40 | 00:57:37 | 00:54:42 | 00:00:00 | 01:52:19 |
| 28 | 97 | Kowalewski | Paweł | M30 | 00:59:02 | 00:56:51 | 00:00:00 | 01:55:53 |
| 3 | 57 | Murawski | Mariusz | M40 | 00:38:25 | 00:37:55 | 00:39:43 | 01:56:03 |
| 4 | 45 | Abramowski | Mateusz | M20 | 00:39:59 | 00:39:44 | 00:39:04 | 01:58:47 |
| 5 | 44 | Świętochowski | Patryk | M16 | 00:40:17 | 00:40:07 | 00:40:46 | 02:01:10 |
| 6 | 109 | Wtulich | Rafał | M30 | 00:41:39 | 00:40:26 | 00:40:28 | 02:02:33 |
| 7 | 80 | Bednarek | Piotr | M20 | 00:41:44 | 00:40:02 | 00:41:36 | 02:03:22 |
| 8 | 46 | Kolaszt | Dariusz | M40 | 00:41:30 | 00:40:36 | 00:42:02 | 02:04:08 |
| 9 | 37 | Perczyński | Jerzy | M50 | 00:42:05 | 00:41:18 | 00:40:53 | 02:04:16 |
| 10 | 47 | Sujak | Mirosław | M50 | 00:43:06 | 00:41:52 | 00:42:40 | 02:07:38 |
| 11 | 38 | Czajkowski | Marcin | M20 | 00:44:02 | 00:41:50 | 00:42:06 | 02:07:58 |
| 12 | 77 | Kowalski | Tomasz | M30 | 00:46:32 | 00:40:42 | 00:41:06 | 02:08:20 |
| 13 | 56 | Łastowiecki | Radosław | M40 | 00:44:13 | 00:42:35 | 00:42:44 | 02:09:32 |
| 29 | 67 | Łukasiak | Arkadiusz | M50 | 01:06:01 | 01:07:17 | 00:00:00 | 02:13:18 |
| 14 | 52 | Milewski | Mateusz | M30 | 00:44:09 | 00:47:07 | 00:44:44 | 02:16:00 |
| 15 | 93 | Jabłoński | Karol | M30 | 00:47:01 | 00:45:41 | 00:46:23 | 02:19:05 |
| 16 | 53 | Parol | Paweł | M40 | 00:47:11 | 00:46:42 | 00:46:33 | 02:20:26 |
| 17 | 33 | Dzięcielski | Łukasz | M40 | 00:48:53 | 00:45:41 | 00:46:07 | 02:20:41 |
| 18 | 90 | Zawadka | Dariusz | M40 | 00:46:30 | 00:46:53 | 00:47:19 | 02:20:42 |
| 19 | 40 | Jankowski | Kamil | M20 | 00:48:21 | 00:48:21 | 00:45:18 | 02:22:00 |
| 20 | 58 | Tyburski | Jacek | M40 | 00:48:29 | 00:47:48 | 00:47:31 | 02:23:48 |
| 21 | 76 | Dębski | Artur | M40 | 00:48:27 | 00:48:03 | 00:47:46 | 02:24:16 |
| 22 | 43 | Wierzbicki | Krzysztof | M30 | 00:48:55 | 00:49:46 | 00:49:23 | 02:28:04 |
| 23 | 79 | Abelski | Leszek | M60 | 00:51:34 | 00:49:46 | 00:48:40 | 02:30:00 |
| 24 | 91 | Motyka | Adam | M40 | 00:50:11 | 00:48:14 | 00:53:24 | 02:31:49 |

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| 25 | 62 | Wróbel | Marcin | M40 | 00:51:16 | 00:50:46 | 00:49:49 | 02:31:51 |
| 26 | 85 | Piórkowski | Mariusz | M40 | 00:54:24 | 00:48:23 | 00:49:25 | 02:32:12 |
| 27 | 51 | Sztybor | Tomasz | M30 | 00:55:28 | 00:49:24 | 00:47:21 | 02:32:13 |
| 28 | 50 | Król | Dariusz | M40 | 00:50:50 | 00:51:14 | 00:51:12 | 02:33:16 |
| 29 | 92 | Toporowski | Sławomir | M50 | 00:54:34 | 00:48:23 | 00:50:31 | 02:33:28 |
| 30 | 49 | Kubiak | Adam | M50 | 00:53:15 | 00:53:41 | 00:53:31 | 02:40:27 |
| 31 | 73 | Kozłowski | Marek | M50 | 00:57:37 | 00:54:51 | 00:52:43 | 02:45:11 |
| 32 | 96 | Paruszewski | Rafał | M40 | 00:56:41 | 00:55:50 | 00:58:16 | 02:50:47 |

1 bieg

2 biegi

3 biegi

7 JESIENNE GRAND PRIX - 3 najlepsze wyniki NORDIC WALKING

| L.p. | NR | NAZWISKO | IMIĘ | Kate gori a | WYNIK 1 | WYNIK 2 | WYNIK 3 | WYNIK |
|------|-----|------------|----------|-------------------|----------|----------|----------|----------|
| | 165 | Wasilewski | Sławomir | M | 00:00:00 | 00:44:16 | 00:00:00 | 00:44:16 |
| 1 | 107 | Tomczak | Marcin | M | 00:40:55 | 00:37:59 | 00:00:00 | 01:18:54 |
| 2 | 99 | Selerowa | Olko | K | 00:48:32 | 00:49:52 | 00:00:00 | 01:38:24 |
| 3 | 166 | Zawadzka | Beata | K | 00:49:17 | 00:49:50 | 00:00:00 | 01:39:07 |
| 4 | 104 | Dąbek | Jolanta | K | 00:50:37 | 00:56:48 | 00:00:00 | 01:47:25 |
| 5 | 105 | Ruszczak | Iwona | K | 00:57:13 | 00:56:47 | 00:00:00 | 01:54:00 |
| 1 | 108 | Wypych | Radosław | M | 00:41:03 | 00:40:31 | 00:39:28 | 02:01:02 |
| 2 | 101 | Krupska | Grażyna | K | 00:45:38 | 00:44:55 | 00:45:25 | 02:15:58 |
| 3 | 103 | Dąbek | Edward | M | 00:48:32 | 00:47:55 | 00:46:27 | 02:22:54 |
| 4 | 100 | Perczyński | Tadeusz | M | 00:50:11 | 00:48:47 | 00:46:25 | 02:25:23 |
| 5 | 102 | Puchowska | Krystyna | K | 00:50:22 | 00:50:13 | 00:49:46 | 02:30:21 |
| 6 | 106 | Sarnecka | Danuta | K | 00:53:38 | 00:53:15 | 00:50:47 | 02:37:40 |

1 bieg**2 biegi****3 biegi**